



PROGRAM SUMMARY

Massage Therapy Diploma

Admissions Process

- ☒ Complete a Tour with an Admissions Representative
- ☒ Fill Out & Sign Registration Documents
- ☒ Pay the Application Fee
- ☒ Provide High School Diploma or GED (If Not Available, then Pass the Entrance Readiness Assessment Online)
- ☒ Finalize a Financial Plan
- ☒ Complete a Police Check
- ☒ Complete the Pre-Science Course

Program Highlights

21 Courses | 1-2 Courses at a Time | North York Campus | 248 Clinical Hours | 78 Weeks

Total Program Tuition

\$21,920 - Includes Books, Courseware, and Preparation to earn the Registered Massage Therapist (RMT) Certification.

Provinces

This program is currently offered in Ontario at the Bryan College North York campus.

Registration

Registered as a private career college under the Private Career College Act 2005.

Apply Today
(888)-641-6300
BryanCollege.ca

Financial assistance available for those who qualify.

Summary of Clinical Experience

Students are introduced to multiple different clinical environments under the supervision of an experienced Registered Massage Therapist. In the onsite Student Clinic, they will have the opportunity to learn and practice both treating members of the general population and running the day-to-day operations of a clinic. During organized outreach and placement opportunities offsite, students will gain experiences treating specific populations.

Summary of Courses

To meet employer demands for Registered Massage Therapists (RMTs), Bryan College developed the massage therapy diploma program based on the CMTO requirements for licensure and in collaboration with industry experts. The program provides graduates with a well-rounded base of anatomy and physiology, massage theory and technique, and hands-on treatments.

Inside this guide, you'll find a summary of the Bryan College curriculum. Please feel free to speak with an admissions advisor to learn more.

Foundational Courses

AN10—Anatomy I

Students learn the gross anatomy and palpation of the musculoskeletal system of the upper body.

AN20—Anatomy II

Students learn the gross anatomy and palpation of the musculoskeletal system of the lower body. They will also cover the anatomy and physiology of the cardiovascular system.

PP10—Physiology I

This course involves the study of human physiology, focusing on microbiology and the integumentary, nervous, lymphatic, and endocrine systems of the body.

CL10—Basic Client Assessment

Students learn techniques that enable the therapist to formulate an effective treatment plan such as observation, palpation, and range of motion testing.

MT10—Basic Massage Technique

Students learn to perform a full-body relaxation massage through a combination of theory and hands-on practice. Students will understand the basic techniques of Swedish massage, consent boundaries, and draping.

TR10—Therapeutic Relations

Students become familiar with the ethical issues and professional boundaries that need to be practiced in everyday life as a massage therapist.



Intermediate Courses

CB/OU—Student Clinic & Outreach

Students participate in one four-hour supervised clinic session per week in order to progress from general relaxation treatments to assessment and treatment of a variety of conditions. Students integrate clinical skills with technical and academic training, as well as promote professionalism through interaction with the general public.

AN30—Neurology

Students will learn the structure and functions of the nervous system, such as somatic motor and sensory pathways, spinal nerves, plexuses, and cranial nerves. Students are introduced to the autonomic nervous system, including the sympathetic and parasympathetic divisions.

HY10—Hydrotherapy

Students learn the therapeutic uses of hot and cold packs, saunas, whirlpools, paraffin wax, and salt glows.

PP20—Physiology II

This course involves the study of human physiology, focusing on metabolism, pharmacology, and the musculoskeletal, respiratory, urinary, digestive, and reproductive systems of the body.

RE10—Research

Students are introduced to the research processes through finding and critically analyzing research reports, using specific examples from massage therapy.

CL20—Advanced Client Assessment

Students are exposed to orthopedic testing procedures for all areas of the body.

MT20—Advanced Massage Techniques

Students perform and practice advanced treatment techniques.

TR20—Ethics & Professional Regulation

Students are introduced to government legislation and professional policies that govern conduct and analyze ethical dilemmas encountered in practice.

Advanced Courses

KR30—Kinesiology & Remedial Exercise

Students will learn to formulate therapeutic exercise programs for clients through the understanding of how the human body moves.

PP30—Pathophysiology I

This course seeks to provide an understanding of the effect of disease on the body and examines how and why various signs and symptoms arise. Students will cover basic concepts of health and disease, cell function and growth, infection, inflammation, immunity, as well as common pathologies of the integumentary system, endocrine system, and nervous system.

PP40—Pathophysiology II

This course seeks to provide an understanding of the effect of disease on the body and examines how and why various signs and symptoms arise. Students will cover common pathologies of the musculoskeletal system, gastrointestinal system, respiratory system, renal system, genitourinary and reproductive systems, as well as substance abuse and addiction.

BU10—Business & Entrepreneurship

Students learn the basic principles to make informed business decisions. Topics include a study of laws that govern a massage therapy business, financial record keeping, resume writing, advertising, and marketing strategies.

TCA1—Advanced Treatments I

Students will understand the treatment of pathological conditions and occurrences by integrating knowledge from other sources. Students develop the ability to formulate treatment objectives and plans and to apply massage manipulations and techniques to specific conditions. Conditions covered are those not covered in TCA2.

TCA2—Advanced Treatments II

Students will understand the treatment of pathological conditions and occurrences by integrating knowledge from other sources. Students develop the ability to formulate treatment objectives and plans and to apply massage manipulations and techniques to specific conditions. Conditions covered are those not covered in TCA1.

OSCE Prep—Objectively Structured Clinical Evaluation Preparation

Students are prepared for Provincial Registration Examinations held with the College of Massage Therapists of Ontario (CMTO). Two components are covered: a) multiple choice computer-administered examination, and b) OSCE clinical examination requiring hands-on treatments. Clinical exam situations are administered throughout the program at Bryan College in accordance with the principles of the OSCE. At the end of the program several weeks of intensive practice are administered to assist with developing a comfort level in demonstrating the techniques and treatments learned.



Explore our North York Campus

We invite you to come and explore our Bryan College campus. For hands-on, in-person practice and clinical work, you will attend classes at our campus located in North York, Ontario. The campus is accessible by public transportation.

Onsite Student Clinic

What better way to learn than by doing? At our Bryan College campus, you'll participate in hands-on clinical work in our facility. All treatments provided by students are monitored by a professional member of the Bryan College staff and students are only permitted to perform a service once they have completed the required clinical hours. For select services, such as massages, treatment areas are partitioned to maintain customer privacy and are equipped with fresh linens.



Schedule a Campus Tour Today!
1-888-641-6300