

PROGRAM SUMMARY

Massage Therapy Diploma

Admissions Process

- Complete a Tour with an Admissions Representative
- Fill Out & Sign Registration Documents
- Pay the Application Fee
- Provide High School Diploma or GED (If Not Available, then Pass the Entrance Readiness Assessment Online)
- Finalize a Financial Plan
- Complete a Police Check
- Complete the Pre-Science Course

Program Highlights

21 Courses | 1-2 Courses at a Time | North York Campus | 248 Clinical Hours | 78 Weeks

Total Program Tuition

\$21,920 - Includes Books, Courseware, and Preparation to earn the Registered Massage Therapist (RMT) Certification.

Provinces

This program is currently offered in Ontario at the Bryan College North York campus.

Registration

Registered as a private career college under the Private Career College Act 2005.

Apply Today
(888)-641-6300
BryanCollege.ca

Financial assistance available for those who qualify.

Summary of Clinical Experience

Students are introduced to multiple different clinical environments under the supervision of an experienced Registered Massage Therapist. In the onsite Student Clinic, they will have the opportunity to learn and practice both treating members of the general population and running the day-to-day operations of a clinic. During organized outreach and placement opportunities offsite, students will gain unique experiences treating specific and unique populations.

Summary of Courses

To meet employer demands for Registered Massage Therapists (RMTs), Bryan College developed the massage therapy diploma program based on the CMTO requirements for licensure and in collaboration with industry experts. The program provides graduates with a well-rounded base of anatomy and physiology, massage theory and technique, and hands-on treatments.

Inside this guide, you'll find a comprehensive summary of the Bryan College curriculum. Please feel free to speak with an admissions advisor to learn more.

Foundational Courses

AN10—Anatomy I

This course involves the study of the anatomy of the human body, focusing on bones, bony landmarks, joints, ligaments, muscles, organs, and other unique structures of the upper body.

AN20—Anatomy II

This course involves the study of the anatomy of the human body, focusing on bones, bony landmarks, joints, ligaments, muscles, organs, and other unique structures of the lower body. It also covers the anatomy and physiology of the cardiovascular system.

PP10—Physiology I

This course involves the study of human physiology, focusing on microbiology and the integumentary, nervous, lymphatic, and endocrine systems of the body.

CL10— Basic Client Assessment

In this course the student will be introduced to the principles of physical assessment such as observation, palpation, and range of motion. They will also learn how to interview the client, and develop an assessment plan.

MT10—Massage Theory & Technique I

In this course students learn to perform a full-body relaxation massage through a combination of theory and hands-on practice. Students will understand the basic techniques of Swedish massage, consent boundaries, and draping.

TR10—Therapeutic Relations

This course will discuss the ethical issues and professional boundaries that need to be practiced in everyday life as a massage therapist.



Intermediate Courses

CB/OU— Outreach & Student Clinic

Once foundational courses are complete students participate in a minimum of one four-hour supervised clinic session per week in order to progress from general relaxation treatments to assessment and treatment of a variety of conditions.

AN30—Neurology

This course involves the study of the human nervous system focusing on specific aspects of the central and peripheral nervous systems, and how the brain sends and receives information to and from the body.

HY10—Hydrotherapy

This course is designed to introduce the student to the use of hot and cold applications in the context of a massage treatment for different conditions.

PP20—Physiology II

This course involves the study of human physiology, focusing on metabolism, pharmacology, and the musculoskeletal, respiratory, urinary, digestive, and reproductive systems of the body.

RE10—Research

Students are introduced to the research processes through finding and critically analyzing research reports, using specific examples from massage therapy.

CL20— Advanced Client Assessment

Students are exposed to orthopedic testing procedures for all areas of the body and formulating a clinical impression.

MT20— Advanced Massage Techniques

Students will learn advanced massage therapy techniques that can later be applied to more complex treatments.

TR20—ByLaws and Legislation

Students are introduced to government legislation and professional policies that govern conduct and analyze ethical dilemmas encountered in massage therapy practice.

Advanced Courses

KR30—Kinesiology & Remedial Exercise

Students will learn to formulate therapeutic exercise programs for clients through the understanding of how the human body moves.

PP30—Pathophysiology I

This course seeks to provide an understanding of the effect of disease on the body and examines how and why various signs and symptoms arise. Students will cover basic concepts of health and disease, cell function and growth, infection, inflammation, immunity, as well as common pathologies of the integumentary system, endocrine system, and nervous system.

PP40—Pathophysiology II

Students will cover common pathologies of the musculoskeletal system, gastrointestinal system, respiratory system, renal system, genitourinary and reproductive systems, as well as substance abuse and addiction.

BU10—Business & Entrepreneurship

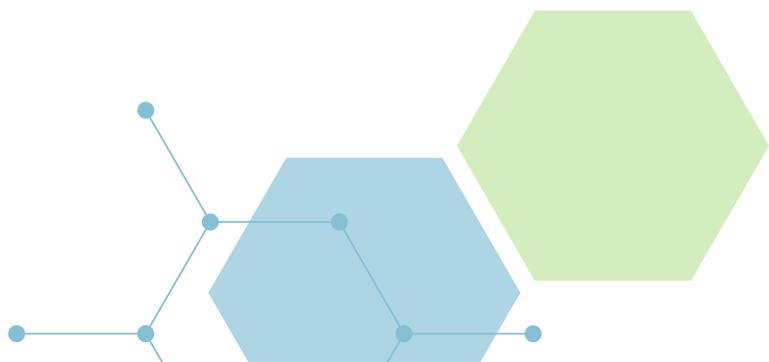
Students learn the basic principles to make informed business decisions. Topics include a study of laws which govern a massage therapy business, massage therapist and clinic contracts, financial record keeping, resume writing, advertising, and marketing strategies.

TCA1 & 2—Advanced Treatments I & II

This course is designed to teach students to start applying the techniques they have learned to specific conditions. The course will cover modifications, precautions, and contraindications in relation to specific techniques for various conditions.

OSCE Prep—Licensing Exam Preparation

Students are prepared for Provincial Registration Examinations held by the College of Massage Therapists of Ontario (CMTO). They are provided with the study tools to prepare for the Multiple Choice Question Exam (MCQ) and the Objective Structured Clinical Examination (OSCE). The 7 OSCE stations are gone over in depth and students are given the opportunity to run through drills of each station and participate in multiple simulations of the OSCE.



Explore our Modern, Beautifully Designed Campus

We invite you to come and explore our Bryan College campus. For hands-on, in-person practice and clinical work, you will attend classes at our campus located in North York, Ontario. We are proud to offer a safe learning environment maintained at the highest standards of cleanliness. The campus is conveniently located and is easily accessed by public transportation.

Onsite Student Clinic

What better way to learn than by doing? At our Bryan College campus, you'll participate in hands-on clinical work in our contemporary and comfortable facility. All treatments provided by students are monitored by a professional member of the Bryan College staff and students are only permitted to perform a service once they have completed the required clinical hours. For select services, such as massages, treatment areas are partitioned to maintain customer privacy and are equipped with state-of-the-art equipment and fresh linens.



Schedule a Campus Tour Today!
1-888-641-6300