

BryanCollege
Since 1940



Massage Therapy Diploma

The Massage Therapy Industry is Growing...¹

Expanding Job Market

Jobs for massage therapists throughout Canada are expected to increase 22.6 % through the year 2033.¹

Bryan College can give you the skills, confidence, and preparation for the RMT licensing exams to qualify for a job in the massage therapy industry.

Career Opportunities

A Massage Therapy diploma from Bryan College can put you on the path to varied job settings² such as:

- Multidisciplinary Clinics
- Hospitals
- Sports Teams & Athletic Departments
- Nursing Homes & Long Term Care Homes
- Health & Wellness Spas
- Self Employment

Hands-on Clinical Experience

Get the real-world experience that sets you apart through our clinic and outreach program. Our program includes 200 hours of on-campus clinic experience, with shifts available five evenings a week, plus 140 hours of outreach placements across a range of locations.

You'll also have access to specialty outreach options, including post-op care, wellness and spa, hospital, and sports therapy. You have the freedom to explore the areas that interest you most in a practical, personalized way, building confidence and shaping your career before you even graduate.

Through our partnership with Bellwoods, our on-campus Tissue Characteristic Assessment (TCA) Clinic welcomes individuals with disabilities, mobility challenges, and accident-related needs for free massage therapy treatments.

Throughout the year, clients visit our campus to receive compassionate, no-cost care from our students. It's a meaningful way for learners to build confidence while making a real impact.

“Attending Bryan College was a lot more than I had anticipated. Bryan’s staff and instructors supported me in all the ways that I needed to excel at this program.”

— Blake, Massage Therapy Graduate

Skills You'll Learn

As a student at Bryan College, you'll gain the skills to be job-ready, including:

- Swedish Massage
- Sports Massage
- Pregnancy Massage
- Therapeutic Rehabilitation
- Trigger Point Therapy
- Myofascial and Superficial Fascial
- Friction Therapy
- Lymphatic Drainage
- Hydrotherapy
- Client Home-Care Plans
- Remedial Exercises for Rehabilitation
- Client Assessment
- Orthopedic Assessments
- Therapeutic Relations & Treatments
- Ethical Business Practices & Navigating
- Massage Contracts
- Anatomy, Physiology, and Pathophysiology
- Preparation to obtain a Certificate of Registration from the College of Massage Therapy Ontario to become a Registered Massage Therapist (RMT)
- Real-world experience at Bryan College's student massage clinic, which is open to the public
- Additional experience gained through the Student Outreach program, which includes visits to different settings outside the student massage clinic, allowing students to work with a variety of client populations.

Take On Your OSCE Exam With Confidence

A part of our Massage Therapy program includes 6-week OSCE prep course that gets you ready for both the written and hands-on CMTO exams. You'll practice with drills that feel like the real thing and learn from instructors who've actually worked in those stations.

You'll also complete two mock OSCEs, with your second one scored by an RMT who gives you a detailed breakdown. Plus, you'll get MCQ study tips and a full practice test. By exam day, you'll know exactly what to expect.

Bryan College is accredited by the Canadian Massage Therapy Council for Accreditation (CMTCA)!



Campus Location in North York

The Bryan College campus offers classrooms and clinic space to build your knowledge and skills. The campus is accessible by public transportation and offers student parking.

Career Services

Bryan College's Career Services department will provide you assistance with job search, resume preparation, and interviewing skills. You can begin working with career services prior to graduation to ensure you are fully prepared upon completion.

See if Massage Therapy is Right for You - At No Cost!

Get a no-cost, immersive experience as a massage therapist with our pre-start course. This course will provide you with a hands-on introduction to anatomy, foundational massage techniques, and even includes real client assessment.

You'll enjoy a practical, "day-in-the-life" experience, plus a take-home booklet. It's the perfect, low-pressure way to see if a career in massage therapy is the right fit for you.

Professional Massage Therapy Kit, Included!

As a Bryan College Massage Therapy student, you'll get the opportunity to demonstrate your skills using your professional massage therapy kit. This kit contains the following:

- Bryan College Sport Bag
- Loofah Mitt
- Flannel Blanket
- Large Towels
- Oil Bottle
- Oil Holster with Belt
- Face Cloths
- Pillowcases
- Sheets
- Blood Pressure Cuff
- Stethoscope
- Textbooks



10 More Reasons to Choose Bryan College

1. Resources for Learning & Skills Practice

We provide you with the learning resources and support so you'll gain job-ready skills and confidence.

2. Books, Courseware, and Certification Preparation Included

We take care of shipping your textbooks, if applicable, and provide you easy access to electronic courseware. We also ensure your curriculum prepares you for provincial certification exams.

3. Focus on Employment

You'll graduate with the credentials and skills required to apply for your licensing exams to practice massage therapy in Ontario.

4. Job Search Assistance

As a graduate, you'll receive career search services, including job networking best practices, sharpening your interview skills, and creating a resume.

5. Learn by Doing

You'll develop skills through coursework and hands-on practice overseen by certified faculty.

6. Peer Tutoring

We have approved peer tutors available to provide personalized services as needed.

7. Faculty Who Put You First

Our faculty provide you with personalized, individual attention and support.

8. Hands-on Clinical Experience

You'll learn in our student massage clinic, which is open to the public.

9. Financial Aid Available if You Qualify

Bryan College is registered as a career college under the Career Colleges Act, 2005.

10. History of Excellence

We have an 86-year track record of preparing graduates for successful careers since 1940.

Bryan College's Massage Therapy Diploma provides preparation for the College of Massage Therapists of Ontario Licensing Exams!



22.6%

-The increase in job openings in Canada for massage therapists projected through the year 2033.¹

¹Lightcast Occupation Overview for massage therapists in Canada. Last visited on February 12, 2026.

²Example occupations shown herein do not imply a guarantee of employment. Students are responsible for conducting occupational research for their chosen program. Employers have unique hiring practices and job-specific requirements, which may include years of experience for manager positions. Graduates with little to no prior experience should expect an entry-level position.

Advance Your Career—Starting Today

Visit www.BryanCollege.ca
Call 1-888-641-6300



Financial assistance available for those who qualify. Registered as a career college under the Career Colleges Act, 2005.

